



# Free Hot Food

see inside for  
places to go for  
a free hot meal.

open to all.



# Hello!

There are many places where you can go for a free hot meal, regardless of circumstances. We have listed some of them here, and they are all places where you would be made welcome, without booking and without having to explain yourself.

We have taken care to assure ourselves that all the places listed follow good practice in providing food in this way. You should be aware that services sometimes change at short notice, and some services may become unavailable. For Christmas and Ramadan opening times, check with individual providers.

Where a place is marked “suitable for children”, we have taken a range of factors into consideration. If any provider would like to discuss this with us, we would be pleased to receive a call.

This list is not exhaustive. We will be happy to hear from any providers who would like to have their service considered for inclusion in a future edition. We will also be happy to receive requests from organisations looking for further copies of this leaflet.



Free Hot Food

## Centre of Help and Hope

**Tues & Wed 10.30am to 2.30pm**

Soup and sandwich • clothes • some fresh produce and dry goods • nurse on first Wed of month • suitable for children  
Seventh Day Adventist Church, Glebe Rd (corner of Pound Lane), Willesden, NW10 2JD

## Church of God of Prophecy

**3rd, 4th & 5th Sun of month 7am to 8.30am**

Homeless breakfast • on occasion a Christian message is given  
Community Centre, 197 Ealing Rd, Wembley, HA0 4LW

## Granville Community Kitchen

**Fri 5.45pm to 7.15pm**

Halal • suitable for children  
The Granville Centre, 140 Carlton Vale, NW6 5HE

## Harlesden Christian Centre

**Thurs 1pm**

21 Shakespeare Rd, Stonebridge, NW10 8EY

## Harlesden Methodist Church

**Fri 9.30am for hot food**

Fresh produce also available • voucher not required • suitable for children • also collect ticket for fresh food to take away from 11.00am  
25 High St, Harlesden, NW10 4NE

## Harvest Soup Kitchen

**1st & 3rd Sat of month 12.30pm**

Suitable for children

The Leadership Training Centre, 40-43 North End Rd, Wembley, HA9 0AT (off Fourth Way)

## Lindsay Park Baptist Church

**Wed 1pm to 3pm**

Soup and sandwich • suitable for children • a short Christian address is given  
The Mall, Kingsbury, HA3 9TG

### **Missions Soup Kitchen**

**Thurs 7pm**

Suitable for children

Christ Temple, Clifford Way, Neasden, NW10 1AN

### **Park Lane Methodist Church**

**Thurs 1pm to 2.15pm**

Suitable for children

Park Ln, Wembley, HA9 7SG

### **Rumi's Kitchen Cricklewood**

**Sun, doors open 12.30pm, main meal served 1.30pm**

Halal • suitable for children • not during Ramadan

26A Chichele Rd, Cricklewood, NW2 3DA

### **Rumi's Kitchen Harlesden**

**Sat, doors open 12.30pm, main meal served 1pm**

Halal • suitable for children • not during Ramadan

Ummah Community Centre, 21 Craven Park Road, Harlesden, NW10 8SE

### **Rumi's Kitchen Kilburn**

**Mon to Fri 9.30am to 11am**

Breakfast • halal • suitable for children • check for Ramadan opening times

Granville Rd, South Kilburn, NW6 5RA

### **Sacred Heart Church**

**Thurs 6pm, hot food October to March**

Also some food available to take away, from Parish House

Mon to Fri 9.30am to 4.30pm

No voucher required

Quex Road, Kilburn, NW6 4PS

### **Salvation Army, Harlesden**

**Tues 7.30pm**

Soup & sandwich April to September (except Aug)

Hot food October to March

32 Manor Park Rd, NW10 4JJ

Free Hot Food

### **St John The Evangelist Church**

**Wed 10.30 am to 12 noon**

Breakfast

The Community Centre, 1 Crawford Ave, Wembley, HA0 2HX

### **St Andrew's Church**

**Tues & Thurs 10.30am to 3pm**

Suitable for children

Harrow Rd, Sudbury, HA0 2QA

### **St Cuthbert's Church**

**Sat 12.45pm**

Suitable for children

Fordwych Rd, West Hampstead, NW2 3TN

### **St Laurence's Larder**

**Tues & Thurs 10am to 1pm**

Suitable for children

Christchurch, Corner of Christchurch Ave & Willesden Lane  
(entrance on Christchurch Ave), NW6 7YN

### **Sufra NW London Community Kitchen**

**Fri doors open 6pm, meal served 6.30pm to 8pm**

Halal • vegetarian • suitable for children • open on all holidays

160 Pitfield Way, Stonebridge, NW10 0PW

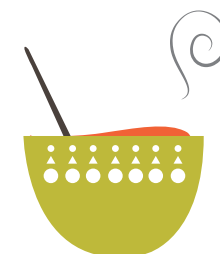
### **Willesden Green Baptist Church - at the address below until late 2020**

**Fri 7.30pm**

Not weekly; for dates see notice on the door of Cricklewood or Willesden Green Baptist Church

Clothes and toiletries available • a Christian address is given

Temporary address: Cricklewood Baptist Church,  
2 Sneyd Rd, Cricklewood, NW2 6AN



**Sufra North West London** is a community organisation which provides a wide range of services, including a Food Bank and a free Friday evening meal.

Our services provide a life-line for people in crisis, including families living in extreme poverty and people who are vulnerable, homeless, or socially isolated.

We provide our guests with the food and support they urgently need to survive; empower them to learn new skills and improve their wellbeing; and help them to become financially stable, by addressing benefit problems and by providing help to get into work.

**Our food bank** provides emergency supplies of essential food and toiletries to people experiencing acute crisis. We are open on **Wednesday** and **Sunday** from 12.00 to 3pm.

If you are in need, you are welcome to visit us. You will need a voucher, which you can obtain by phoning Brent Council Welfare Team before coming. If they assess that you are eligible, they will email a voucher to us. If you prefer, you can come on **Wednesday** and we will phone for you.

**Brent Council Welfare Assistance Team**  
020 8937 5796 (select option 2, then option 3)

**Sufra NW London**

160 Pitfield Way, Stonebridge Park, NW10 0PW  
[www.sufra-nwlondon.org.uk](http://www.sufra-nwlondon.org.uk) • 020 3441 1335  
Registered Charity No. 1151911

